

SHERWOOD PARK CURLING CLUB NEWSLETTER



Olympic Year Edition

December 2025



Calendar of Events

What's happening at the SPCC?

Dec 22nd - Jan 1 : Closed - Flood - Ice Maintenance

Jan 4 or 7 or 8: Stick Clinics

Jan 16th - 19th: Tier 1 Mixed Doubles Bonspiel

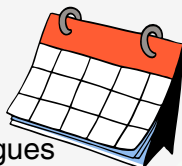
Jan 23rd - 25th : Men's Bonspiel

Feb 14th & 15th: Tri-County Fun Spiel

Feb 21st: Allstate Jr Day Spiel

Mar 10th - 20th: SPCC Playoffs for all leagues

Mar 21st: Club Championship Day



Reminder

We are closed December 22nd - January 1st for Christmas Break. Enjoy your Holiday Season! Curling resumes Friday January 2nd at 9:30 am.



Important League Notes

- Congrats to our Tuesday Morning/Thursday Afternoon Ladies Leagues in donating over \$2,000 to the Food Bank. Thanks to Pauline Erickson and Rita Clark for organizing the Ladies Luncheon!
- Monday Mixed needs one more team!
- Tuesday Morning Ladies is looking for a new League Rep for next season.
- Ever wanted to try Doubles curling? Contact us to book a sheet at admin@sherwoodparkcurling.com. You can request some playing lessons - let us know!



Curl for Dad - Nov 1st

SPCC's inaugural Curl for Dad event was a great success, filled with fun and community spirit. We raised over \$6,600!



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Volunteers Needed

Hello wonderful Members,
We are putting on a Tier 1 mixed doubles event in January, 2026. This will be a high-calibre event providing an opportunity to see our Canadian Olympic Mixed Doubles team showcase their talent as they prepare for the Olympics in February.

To put on a high-quality event, we will need a team of volunteers.

We will need people to help with the following (and possibly more):

- Setup/takedown
- Ticket taker/sales
- 50/50 sales
- Hosts
- Athlete check-in
- Timekeepers



It would be great to have some help with coordinating the volunteers, shift schedules, and other logistics for the event.

If any of you would like to get involved with this event, please let us know at:

admin@sherwoodparkcurling.com



Click the image for more information!

Reminders

Have you filled out your Waiver yet?
Updated your Emergency Contact information? Make sure your 5th's and 6th's have done so. It's important that we have their Emergency Contact information!!!

Seeking Sponsors- It's not to late!

Get your brand and logo involved as you get passed around the club! The interactive on ice game gets our members reaching out to you weekly. We have a few spots available for Double Board sponsorship:

Sunday Open & Sunday Rookie
Monday Doubles

contact Heather at
manager@sherwoodparkcurling.com
while there are Double Boards still available and in-ice logo availability.

Your
Logo
Here

We still have room for your friends!

We are looking for teams for Sunday open and 2 for Sunday Rookie.

We are currently looking for 1 team for Monday Night mixed. Come and join us and help us balance out the draw!



www.sherwoodparkcurling.com



780.467.9412



admin@sherwoodparkcurling.com



@shpkurlingclub



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Managers Message

Merry Holiday Season, SPCC Family!

As we head into the holiday season, my heart is absolutely full. **Our members continue to show up in the most generous, community-first way**, and because of you, together we raise funds for local groups that nourish our community and support those who need it most. That's the true spirit of curling!

I'm endlessly proud of our incredible staff who work tirelessly to **deliver world-class ice, create a welcoming, vibrant atmosphere, and greet everyone with genuine smiles**. And let's hear it for our lounge — serving up comforting, home-style meals and a fantastic selection of local beverages. Honestly... if happiness had a flavour, it would be SPCC on league night.

I'm proud beyond words to call the Sherwood Park Curling Club my home club.

On a personal note — buckle up, because this still feels wild to say — **I'm over-the-top excited to be chasing a lifelong dream and representing Canada 🇨🇦 at the 2026 Milano-Cortina Olympics in Italy!**

I'll be away for the month of February coaching Team Homan, and then sticking around for an extra week to proudly switch roles to cheer mom for Alyssa and Coach David as they represent Team Canada Junior Women in Denmark.

If you had told me when I stepped away from competitive curling at 40 that, on my 50th golden birthday year, I'd be coaching Team Canada at the Olympics — while my daughter and her husband would be representing Canada at Worlds — I would've laughed and said, "You gotta be crazy!" 😄

Turns out... being a little crazy at heart is a pretty great plan.

Lesson learned: Never stop chasing your dreams — no matter your age — and always keep that spark alive.

Wishing you and your families a joyful, cozy, and laughter-filled Christmas. Thank you for being such an amazing community. Here's to more great curling, more good meals, and more unforgettable moments together in the New Year!

Because let's be honest... 2026 is GOLDEN! 🏆



Heather Nedohin



Gold!

Congrats Team Homan and coach Heather on winning the Pre-Trials event in Halifax!



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[@shpkurlingclub](https://www.instagram.com/shpkurlingclub)

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Our Sponsors

Thank you to all our sponsors for their support during the 2025-26 Season. We encourage all our members to support them all year round!



A L A I R

LIVING BETTER STARTS HERE™



ANALOG
BREWING



Double Board Sponsors



Monday
Mixed

A friend
of the
SPCC
Tuesday
Ladies



Tuesday
Men's



Wednesday
Ladies



Thursday
Ladies



NORTH SHORE
Environmental Consultants

Tuesday
Men's
(2nd draw)



Thursday
Men's &
Friday
Mixed



Sunday
Rookie



Sunday
Open



Thursday
Men's
(2nd draw)



Seniors
Mon/Wed/
Fri

Ladies Bonspiel

What a fantastic time we had at the Ladies Bonspiel! This year's event was Olympic-themed, with teams proudly representing different countries. On Saturday evening, the ladies brought the spirit of the Games to life by dressing up for the banquet—adding plenty of colour, creativity, and fun to the celebration.



Dr. Derek Fika
Family Dentistry

Creating Beautiful Smiles
587-760-3451



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Junior Program

Contact us to register for the Winter Session! If you have a junior curler looking to join our program please email

juniors@sherwoodparkcurling.com



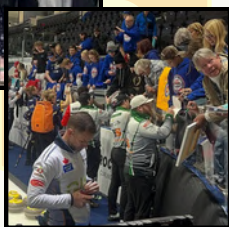
Coaches still needed!

Call for Coaches! We are in need of U15/18 coaches on Wednesday afternoons. Contact Michelle with juniors if you are able to support us.

juniors@sherwoodparkcurling.com

Way Back Wednesday – October 15th

Another successful GSOC event with our amazing JR's and volunteers!



Holiday Celebrations



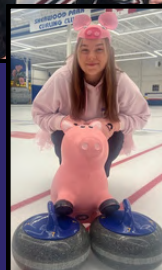
8th Annual Allstate Jr Bonspiel

Another year, another successful Junior Classic event presented by Tony George, Allstate Agent! This time, we welcomed 32 teams across three divisions. Parents enjoyed the festivities too, thanks to Patricia the Pig (our Hog pal) and our delightful stuffed cat for double makers. (Meow Meow)

A huge thank you to Tony George for sponsoring the event & to our Volunteers!



Congrats to our winners!



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Help keep the Ice Clean!

Grippers:

Grippers are tiny bits of rubber glued together and will deteriorate over time. **One should change grippers before every season or when the black material begins to shed.** When there are flat spots or balding around the heel and toe areas, it's time to replace as **the gripper isn't safe.**

All I want for Christmas is a set of New Grippers



Broom Heads:

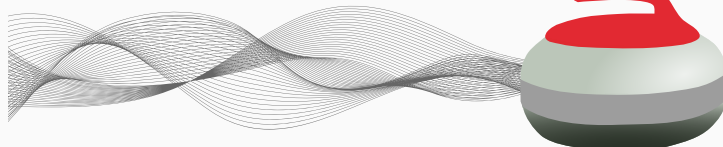
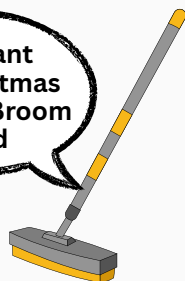
Why you should change your broom head

- To prevent "picks"
- To maintain effectiveness
- To provide proper friction
- **For a cleaner ice surface**
- For better sound
- To get the most out of your game
- You should replace a curling broom head at least once a season, and more frequently if you curl often. Or replace it if it is Dirty!

If your head is looking like this it's time to replace it.



All I want for Christmas is a New Broom Head



Parking Reminder



Reminder that when the parking lot gets full on double draw nights, overflow parking is in the West Hosford school. For additional lighting, walk along the street front vs taking the north trail through the trees.

NO parking on either side of the building. This is an emergency fire access way and your vehicle will be towed. Especially the ramp on the West side of the building near school playground.



NO parking on the outside of the concrete barriers

Thanks for reading!

Prepared by your Admin Team.



Back Row: Kellie (IT), Michelle (Operations), Mel (Finance)
Front Row: Heather (Manager) & Kristin (Social Media)



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